



EAST KEILOR FOOTBALL CLUB NEWSLETTER

ISSUE 1

31st March, 2011



EKFC WELCOMES BACK NICK GRIGG

Nick is one of several players back playing for the cougars in 2011, he has played 233 games for the club, and is now back to continue playing at his home club.

Be sure to catch Nick at his best in Round 1 @ Keilor Park on the 9th April.

"CONGRATULATIONS JORDAN"

JORDAN MADDEN HAS MADE THE CALDER CANNONS SQUAD, we hope you have a fantastic year, the EKFC are right behind you..



2010 PREMIERS 10's, 12's & 16's



COME AND SEE THE UNVEILING OF THE 3 PREMIERSHIP FLAGS AT THE FIRST JUNIOR HOME GAME



WHAT'S ON @ EKFC

APRIL

WED 6th—MEETING FOR ALL JUNIOR PARENTS @ 5.30pm IN CLUB ROOMS
SAT 9th—FIRST GAME SENIORS @ KEILOR PARK
SUN 10th—JUNIORS Div 3 @ home to Jacana—Div 6 @ Hillside

MAY

SAT 14th—LADIES DAY @ CLUB

JUNE

SAT 4th—PAST PLAYERS, OFFICIALS & SUPPORTERS DAY
WED 22nd—JUNIOR PHOTOS—NO TRAINING

JULY

SAT 2nd—EKFC ANNUAL JUNIOR & SENIOR BALL
THUR 14th - SPORTSMANS NIGHT

NEW SEGMENT— MY MOST MEMORABLE MOMENT IN FOOTY

THE PREMIERSHIP GAME

Here we go, 10 mins to go to the big game ! We have just gone through the banner, and ran a lap, then we did kick to kick for 5 mins. The siren went, my stomach dropped, the umpire had just balled it up, my team mate Ben had just kicked the ball down my way and my other team mate Jamie marked it, he went for a goal and got it. We all celebrated, now I'm trilled ! After that not much happened, Westy scored a point, with two minutes to go in the quarter, then the siren went, the scores were 1 to 6 our way. I lined up in my position, as soon as the ball bounced in the second quarter, they got the ball and booted it to their full forward, he went for a goal and he got it alright, it went straight through the middle, I was devastated, at half time they were up by a point, in the 3rd quarter I was on the bench, we started off ok by getting a point. It was now a DRAW and I started to feel a bit better, but I was still nervous. After that the ball kept on going backwards and forwards till Cooper my team mate, got the ball and booted it forward no-one got to touch it but it went through the behind post. The third quarter was up, I knew I had to do something, so I tried my best and it didn't really work, but we still got over the line by ONE point, now I'm a premiership player. ! I was so happy and I went and gave my mum and dad a hug... We got our medals and we all deserved them. What a year ! GO COUGARS

By Jackson Pellegrino under 10's.... Aged 9

IF YOU WOULD LIKE TO ADD YOUR SHORT STORY TO THE MOST MEMORABLE MOMENT IN FOOTY,
PLEASE EMAIL JANINE @ janinedean@bigpond.com



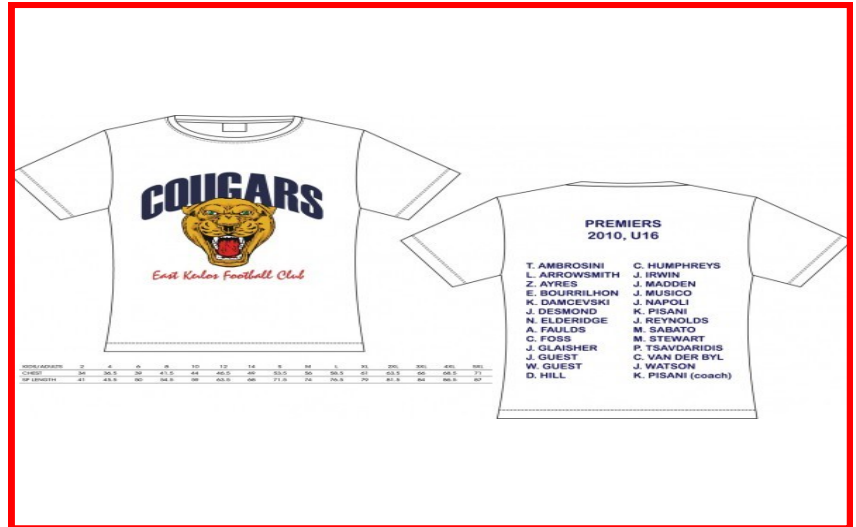


THE COUGAR SHOP

DON'T FORGET TO GET ALL YOUR MERCHANDISE AT THE COUGAR SHOP! THE HOURS ARE FROM 5pm TILL 6pm EVERY FRIDAY NIGHT or ORDER ONLINE. NOW SELLING 2010 PREMIERSHIP T-SHIRTS FOR THE UNDER 10's, 12's & 16's

GO ONLINE TO CHECK OUT THE FULL RANGE OF MERCHANDISE
www.thecougarshop.eastkeilorfc.com
Or contact Matthew Stivala
[matthew@questhk.com] 0433624446

2010 PREMIERSHIP T-SHIRTS



Can you help?

We are having a ladies day luncheon on Saturday 14th May (during the senior game), and are looking for a business's to help sponsor the day.

\$5.00 from every ticket sold will go to the Anti Cancer Council.

We will be having a comedian ,band, door prizes, table service, delicious finger food and many more surprises on the day.

We are also looking for interested business's in manning your own stall for the day.

If you can help out with raffle/door prizes or know someone that might be able to help out please contact Janine Pellegrino 0419319176 or janinedean@bigpond.com



EKFC WELCOMES ALANA HILL AS THE HEAD SENIOR TRAINER,
ALANA HAS BEEN WORKING WITH THE U16'S AS A TRAINER FOR THE LAST FEW YEARS AND IS NOW WORKING WITH BOTH THE SENIORS AND JUNIORS. We look forward to seeing Alana's happy face at the club on Saturdays.



IF YOU ARE ABLE TO HELP OUT WITH SPONSORSHIP PLEASE LET US KNOW or GO TO www.eastkeilorfc.com

Message from the President—

Welcome back to season 2011, and doesn't the footy season come around quick. It seems like not that long ago we were celebrating three junior Premierships! Congratulations again to our U10, U12 and U16 premierships teams of 2010. I would also like to welcome all our new players, members and families to this great club as we strive for further success in 2011.

While you have been taking a break from footy over the summer the EKFC Committee has been working hard to make this year even more successful than the last. This year's committee consists of Gavan Wignall, vice president, Vaughn Hogan our treasurer, Chris Pepper, secretary and all things website related, general committee members Janine Pellegrino, Wayne Eddy, Matthew Stivala, Kris Pisani, new to the committee this year Kylie Nicholl and myself Rohan Egglestone, President. This great club has been run by volunteers for 44 years. who donate their time to help develop and provide enjoyment for kids of all ages from 7 years old to 80 years old and if there is anything you can do to help throughout the year we would greatly appreciate it.

I would like to welcome back our senior coaches Steve Kolyniuk and Bill Asani as well as our reserves coach Nick Conidi. This preseason has seen more than 70 guys train with many new faces as well as some familiar faces returning to the club this year. Daniel Bonnici, Nick Grigg, Jake Linardon, Kaine Laidley, CJ and Manny Mitsos all return after stints at other clubs, and their return is testament to the direction the club is heading. Welcome back guys!

This year we have appointed one of our senior players and 2009 and 2010 club captain Dean Roberts as coach of the U18's. Unfortunately we didn't field an U18 side last year and are again struggling with numbers. The good news is that the EDFL with the support of the Keilor FC and Dousta Stars FC will allow us to utilise excess players at the club to play for us on a weekly basis under a permit situation which will allow us to field a team this year.

On February 20 we held our junior registration day which was well supported and we will again be fielding two U10 and U12 teams as well as an U14 and U16 team. Dean Pellegrino and Damien Gillman will again be coaching the U10's, Rob Caluzzi will coach the U12's while Wayne Eddy and Kris Pisani will coach the U14 and U16 teams respectively. Numbers are again very healthy in our junior ranks and after our most successful year ever last year we hope to build on that success again in 2011.

Finally, I would like to make mention that this club does not run on spirit alone, and like most things in life requires money not only to prosper but to stay afloat. To that end it is important that all of us support the club. You can help by supporting the events and fundraising activities we have through the year and you will find details of these events in this newsletter and throughout the year and we hope you enjoy them as much as we will. The club also provides various sponsorship packages for local business, so if you know of anyone who might be interested then please pass on their details to one of our committee members. Together we can continue to grow this great club and share in its success.

Carn the Cougars
Rohan Egglestone

COMMITTEE

President: Rohan Egglestone 0419355313 Junior Vice President Gavan Wignall 0424750329 Treasurer Vaughn Hogan 0417050331

Secretary: Chris Pepper admin@eastkeilorfc.com

General Committee Wayne Eddy 0407464787 Janine Pellegrino 0419319176 Matthew Stivala 0433624446 Kris Pisani 0419000216
Kylie Nicholl 0419 582 450

COACHES

Seniors: STEVE KOLNIUK 0400 001 906 Reserves NICK CONIDI 0418 548 153 , U18's DEAN ROBERTS 0412 319 242,

U16's: 0419000216 KRIS PISANI/GAVAN WIGNALL 0424750329 , U14's: 0407464787 WAYNE EDDY, U12's: 0419546811 ROB CALUZZI,

U10's: 0418177753 DEAN PELLEGRINO, U10's: 0417372771 DAMIEN GILLMAN, AUSKICK JAY STIVALA 0433594447